



hsa-miR-508-5p as a New Potential Player in Intervertebral Disc Degeneration

Akram Gholipour¹, Mahshid Malakootian¹, Maziar Oveisee^{2, 3*}

1. Cardiogenetic Research Center, Rajaie Cardiovascular Medical and Research Center, Iran University of Medical Sciences, Tehran, Iran.

2. School of Medicine, Bam University of Medical Sciences, Bam, Kerman, Iran.

3. Clinical Research Center, Pastor Educational Hospital, Bam University of Medical Sciences, Bam, Kerman, Iran.

Article type: ABSTRACT

Original Article

Intervertebral disc degeneration (IDD) is widely known as the principal cause of low back pain, diminishing patients' quality of life and imposing a huge economic burden on healthcare systems worldwide. However, the underlying mechanisms of IDD remain to be determined. This study aimed to scrutinize data sets via bioinformatics to identify microRNAs (miRNAs)/genes and pathways associated with IDD. The array profiling of patients with IDD and individuals without IDD was acquired from the Gene Expression Omnibus (GEO) database (viz., GSE19943, GSE63492, and GSE34095). The expression profiles of miRNAs and genes with differential patterns were analyzed using GEO2R. The target genes of the chosen miRNA were then examined, and in silico functional analyses were performed on the signaling pathways and biological processes of the differentially expressed genes. Three human miRNAs were up and downregulated in IDD patients in the examined data sets. Among them, hsa-miR-508-5p had a significant differential expression in the IDD group, and *SEC11A*, *IPO5*, *FN1*, and *MRPS10*, as the targets of hsa-miR-508-5p, were upregulated in the IDD group. Furthermore, extracellular matrix-receptor interactions, focal adhesion, and actin cytoskeleton regulation were important pathways involved in IDD. Our analysis identified hsa-miR-508-5p as a novel miRNA involved in IDD pathogenesis. Our findings not only further confirmed the significant role of miRNAs in IDD pathogenesis but also extended the spectrum of the miRNAs and genes involved in IDD. Though, still, further experimental investigations are needed to confirm our findings.

Received:

2022.08.12

Revised:

2022.11.09

Accepted:

2022.11.28

Pub Online:

2023.01.01

Keywords: Intervertebral disc degeneration, hsa-miR-508-5p, noncoding RNA regulators, low back pain

Cite this article: Gholipour. A. hsa-miR-508-5p as a New Potential Player in Intervertebral Disc Degeneration. *International Journal of Molecular and Cellular Medicine*. 2022; 11(2): 137-149. DOI:10.22088/IJMCM.BUMS.11.2.137



© The Author(s).

Publisher: Babol University of Medical Sciences

This work is published as an open access article distributed under the terms of the Creative Commons Attribution 4.0 License

(<http://creativecommons.org/licenses/by-nc/4>). Non-commercial uses of the work are permitted, provided the original work is properly cited.

*Corresponding Author: Maziar Oveisee

Address: School of Medicine, Bam University of Medical Sciences, Bam, Kerman, Iran.

E-mail: dr.oveissi@mubam.ac.ir; Maziar.oveisee@gmail.com

Introduction

Intervertebral disc degeneration (IDD) is a pathological condition that can cause not only intractable back pain, the most common orthopedic disease, but also neurological complications. The prevalence of low back pain is on the rise the world over. It affects the quality of life of patients and imposes a huge economic burden on healthcare systems, accounting for approximately 70 billion euros annually worldwide (1). The pathogenesis of IDD is multifactorial, with accumulating evidence indicating the contribution of both genetic and environmental factors to the disease (2, 3).

The nucleus pulposus, considered the core structural component of the intervertebral disc, is harbored between two vertebrae and is composed of the extracellular matrix (ECM) and nucleus pulposus cells (4, 5). The etiology of IDD is associated with an increase in apoptosis and necrosis (2, 6, 7) and irregular inflammatory cytokines (8), deregulating the function of nucleus pulposus cells and leading to ECM degradation (9-11). Nonetheless, the fundamental mechanisms of IDD have yet to be elucidated.

MicroRNAs (miRNAs) constitute a type of small endogenous noncoding regulatory RNA post-transcriptionally regulating gene expression in numerous processes, such as proliferation, apoptosis, and inflammation (12, 13). Recent investigations have demonstrated major alterations in miRNA expression in degenerated tissue (14-16). In this regard, miR-486-5p is significantly lower in degenerated discs than in controls (17), whereas miR-222 is upregulated in human degenerative disc tissue (18). In addition, the inhibition of miR-27a may be an attractive strategy to prevent cell death in degenerative discs (19). Several miRNAs, including miR-199a-5p, miR-574-3p, miR-551a, and miR-640, may be potential candidate markers for predicting IDD (20).

In the present study, we drew upon *in silico* analysis to address the current paucity of research on the molecular mechanisms of IDD and determine new miRNAs and their targets with differential expression levels in IDD.

Materials and Methods

Data sets and differential expression analysis

The data sets examined in the present study were downloaded from the NCBI Gene Expression Omnibus (GEO) database. In total, two expression profiles of miRNAs (*viz.*, GSE19943 and GSE63492) and one expression profile of messenger RNAs (mRNAs) (*viz.*, GSE34095) were downloaded. The GSE19943 samples were obtained from control nucleus pulposus cells and degenerative nucleus pulposus cells. The nondegenerative cells were extracted through the enzymatic digestion of human nucleus pulposus cells obtained from individuals with scoliosis, while the degenerative cells were obtained via the enzymatic digestion of human nucleus pulposus cells collected from individuals with IDD. Moreover, the GSE63492 samples were obtained from nondegenerative and degenerative nucleus pulposus cells. All the control nucleus pulposus specimens were obtained from the intervertebral discs of cadaveric donors with no IDD-related disease, whereas all the degenerative nucleus pulposus samples were acquired from the intervertebral discs of cadaveric donors with intervertebral disc herniation. Additionally, the mRNA samples (*viz.*, GSE34095) were obtained from human degenerative and nondegenerative intervertebral discs, the former from individuals with degenerative disc disease and the latter from adolescents with idiopathic scoliosis. No

special treatment was administered to the nucleus pulposus cells. The profiles of miRNAs and mRNAs differentially expressed between the normal and degenerated samples were investigated by GEO2R for all the data sets.

Common miRNAs of the two data sets and the target prediction of the chosen miRNA

Differentially expressed miRNAs were obtained from two expression profiles of miRNAs (viz., GSE19943 and GSE63492); subsequently, common miRNAs between the two expression profiles were identified utilizing the Venny 2.1 database. Among them, the miRNA with the most significant differential expression was selected to continue the *in silico* analysis.

Thereafter, the target genes of the chosen miRNA were examined using the TargetScan (http://www.targetscan.org/vert_80/), miRDB (<http://mirdb.org/>), and miRTarBase (https://mirtarbase.cuhk.edu.cn/~miRTarBase/miRTarBase_2022/php/index.php) databases, and the common target genes were isolated from the three databases utilizing the Venny 2.1 database.

Afterwards, common genes between the mRNAs with differential expression levels in the GSE34095 expression profile and the target genes of the chosen miRNA were recognized using GEO2R.

Next, the expression values of the selected miRNA and its common target genes were examined in the analyzed miRNA and mRNA data sets using the limma package in the GEO2R database. Moreover, the interactions between mRNAs and long noncoding RNAs (lncRNAs) were investigated using the lncRRsearch (<http://http://rtools.cbrc.jp/LncRRsearch>) database.

Biological processes and pathway enrichment analyses

For the determination of the function of the target genes of the chosen miRNA in IDD, the Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway and biological process analyses were performed employing the online databases of Enrichr (<https://maayanlab.cloud/Enrichr/>) and PANTHER (<http://www.pantherdb.org/pathway/>), respectively.

Results

Differential expression levels of about hundreds of miRNAs and 200 genes in patients with IDD

The differential expression patterns of the miRNAs were scrutinized between the IDD group and the control group. Differential expression levels were observed in 177 miRNAs in the GSE19943 data set and 124 miRNAs in the GSE63492 data set. The results showed that 250 genes had differential expression levels in the patient group in comparison with the control group according to the *in-silico* analysis.

miR- 508- 5p as a novel RNA regulator in IDD

Among the differentially expressed miRNAs obtained by GEO2R, only four miRNAs-namely hsa-miR-518b (GSE19943: logFC=0.58, P=0.61 and GSE63492: logFC=0.88, P=0.11), hsa-miR-486-5p (GSE19943: logFC=0.70, P=0.34 and GSE63492: logFC= -1.64, P=0.0008), hsa-miR-508-5p (GSE19943: logFC= -1.37, P=0.036 and GSE63492: logFC=1.80, P=0.025), and ebv-miR-BART6-3p-were common between both data sets (Figure 1).

The expression of hsa-miR-518b was upregulated in both data sets, while the expression of hsa-miR-486-5p was upregulated in the GSE19943 data set and significantly downregulated in the GSE63492 data set. However, other alterations were not statistically significant based on their logFCs and P-values. In

addition, the fourth miRNA, ebv-miR-BART6-3p, was not found in human miRNA data; thus, all these three miRNAs (viz., hsa-miR-518b, hsa-miR-486-5p, and ebv-miR-BART6-3p) were omitted from further analysis conducted on hsa-miR-508-5p given its significant logFC and P-value in both data sets.

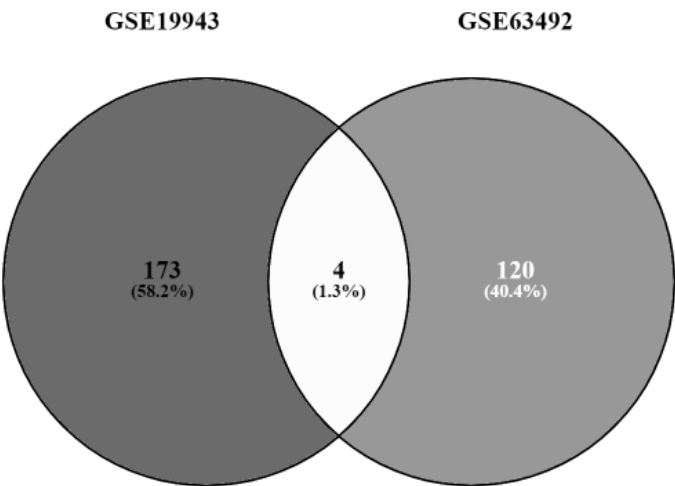


Fig. 1. The figure presents the common miRNAs between two data sets. Four miRNAs were common. Totally, 177 miRNAs were differentially expressed in the GSE19943 data set, and 124 miRNAs with differential expression levels were found in the GSE63492 data set.

The results revealed that hsa-miR-508-5p was downregulated in the patients of the GSE19943 data set and upregulated in the patients of the GSE63492 data set (Figure 2A & B), likely because the nucleus pulposus cells in the GSE19943 data set were obtained from individuals with scoliosis. Therefore, hsa-miR-508-5p, which showed the highest differential expression, was chosen for further analysis owing to its significant logFC and P-value.

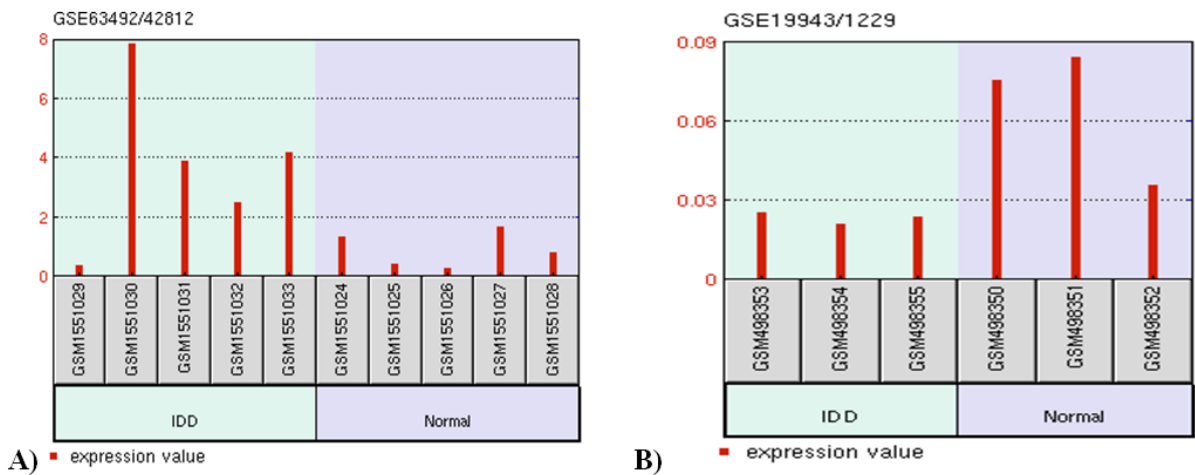


Fig. 2. The image depicts the expression of hsa-miR-508-5p in the patient (IDD) and normal samples. (A) hsa-miR-508-5p was downregulated in the patient group of the GSE19943 data set. (B) hsa-miR-508-5p was upregulated in the patient group of the GSE63492 data set.

Targeting of some differentially expressed genes by hsa-miR-508-5p

The target genes of hsa-miR-508-5p were examined using the TargetScan, miRDB, and miRTarBase databases. Afterwards, the common candidate genes from the three databases were chosen for further analysis. The analysis via the Venny 2.1 database demonstrated that 243 genes were common between the three databases for hsa-miR-508-5p (Figure 3).

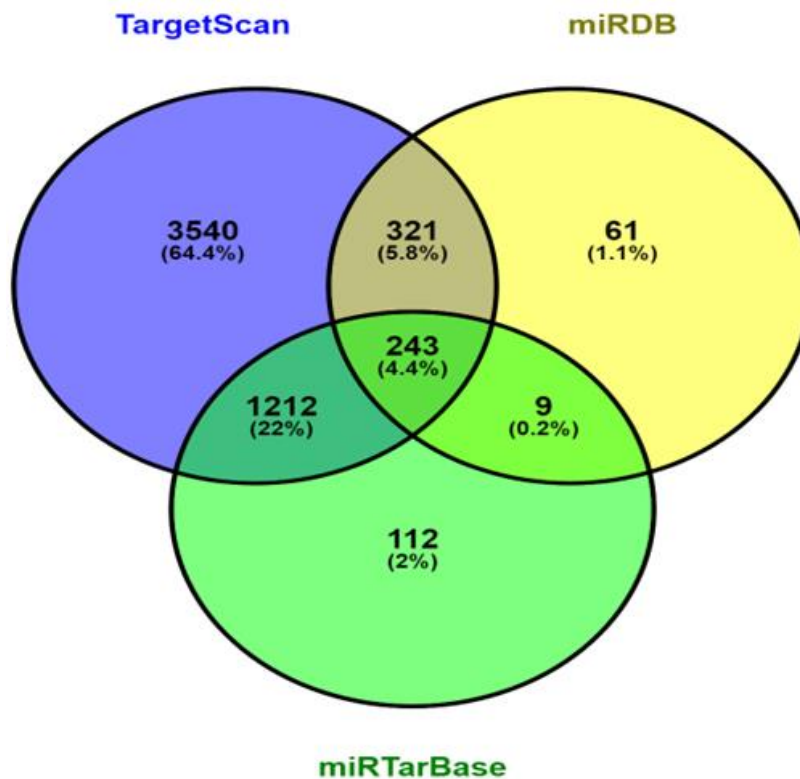


Fig. 3. The image demonstrates the target genes of hsa-miR-508-5p that were common between the three analyzed databases, namely TargetScan, miRDB, and miRTarBase.

In the next stage, the list of the miRNA target genes was compared with the list of the genes that had differential expression levels in the GSE34095 data set. The results demonstrated that four genes-namely, *SEC11A*, *IPO5*, *FN1*, and *MRPS10*-were mutual. Accordingly, *SEC11A* (logFC=0.31, P=0.01), *IPO5* (logFC=0.45, P=0.015), *FN1* (logFC=0.51, P=0.001), and *MRPS10* (logFC=0.29, P=0.004) were considered the targets of hsa-miR-508-5p with differential expression levels in the IDD patients. Furthermore, *SEC11A*, *IPO5*, *FN1*, and *MRPS10* exhibited upregulation in the patients with degenerative discs (Figure 4). The interaction between each examined gene and lncRNAs demonstrated that the following lncRNAs-OTX2-AS1, UXT-AS1, PABPC1L2B-AS1, HOXA-AS3, BHLHE40-AS1, and LINC00562-interacted with *SEC11A*. Additionally, *IPO5* interacted with LINC01239, LINC00987, LINC01484, VIPR1-AS1, LINC00562, and LINC01121 lncRNAs. Further, four lncRNAs-namely LINC01239, LINC01215, PABPC1L2B, and SLC25A25-AS1-interacted with *FN1*. Moreover, interactions were between *MRPS10* and PRKAR2A-AS1, SLC25A25-AS1, GABPB1-AS1, LINC00963, and RUNDC3A-AS1 (Table 1).

| Table 1. The list of lncRNAs that interacted with the examined genes. | |
|---|--|
| Genes | lncRNAs |
| SEC11A | OTX2-AS1, UXT-AS1, PABPC1L2B-AS1, HOXA-AS3, BHLHE40-AS1, LINC00562, LINC00910, LINC01012, SLC7A11-AS1, LINC01484, LINC00473, TMCC1-AS1, BAIAP2-AS1, POT1-AS1 |
| IPO5 | LINC01239, LINC00987, LINC01484, VIPR1-AS1, LINC00562, LINC01121, LINC00442, LINC01582, ZNF528-AS1, CDKN2B-AS1, LINC01539 |
| FN1 | LINC01239, LINC01215, PABPC1L2B, SLC25A25-AS1, PRKAR2A-AS1, SLC25A25-AS1, GABPB1-AS1, LINC00963, RUNDC3A-AS1, LINC01012, LINC00649, LINC01531, CPEB1-AS1, LINC01359, LINC00910, LINC01562, LINC01482, LINC00963, LINC00926 |
| MRPS10 | |

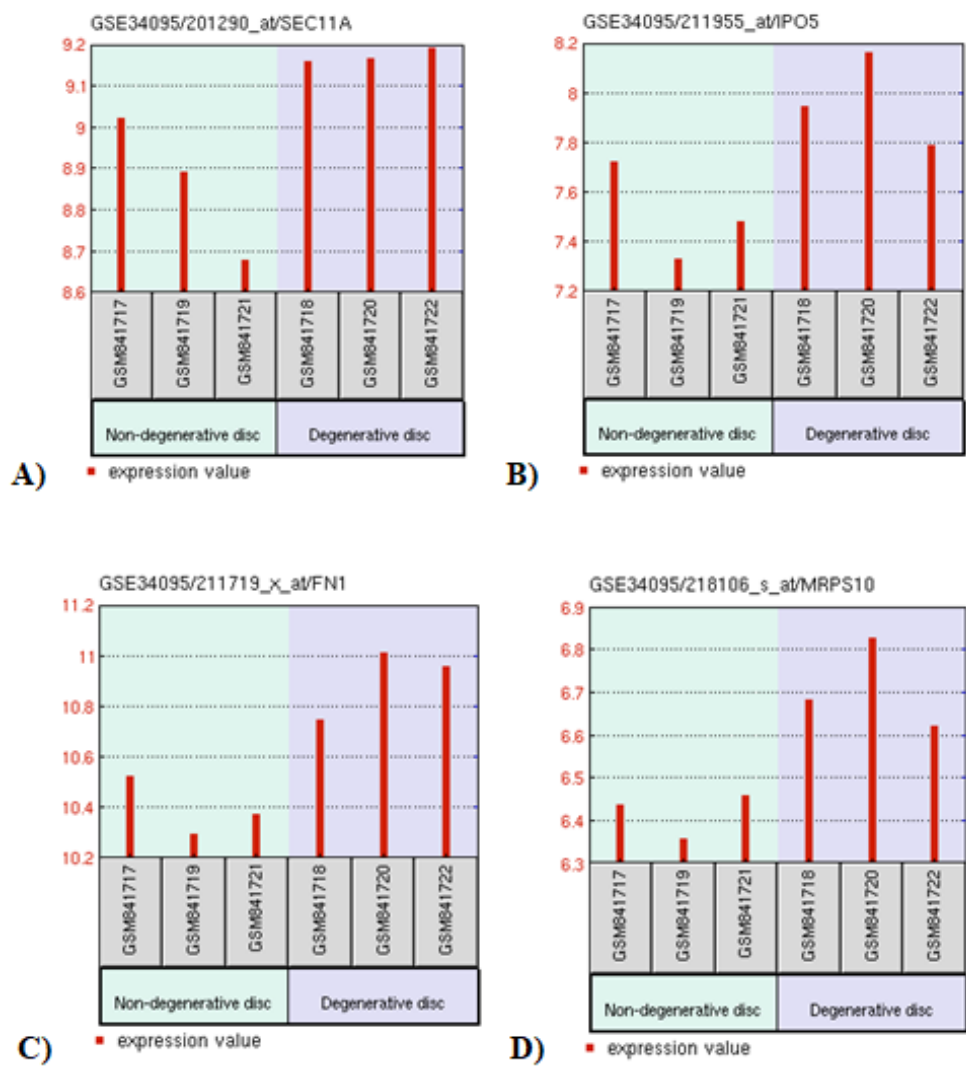


Fig. 4. The image illustrates the expression levels of (A) *SEC11A*, (B) *IPO5*, (C) *FN1*, and (D) *MRPS10* as the common genes among the differentially expressed genes, as well as the hsa-miR-508-5p target genes among the degenerative and nondegenerative discs samples.

ECM pathway as a critical pathway in functional enrichment analysis

The results of the signaling pathway analysis showed that the genes whose expression patterns differed between the IDD and control groups were targeted by hsa-miR-508-5p and were involved in protein export, ECM-receptor interactions, focal adhesion, and actin cytoskeleton regulation pathways (Figure 5A). Previous studies have revealed that the ECM is one of the significant pathways in disc degeneration (21,22).

The biological process analysis, thereafter, showed that *SEC11A*, *FNI*, *MRPS10*, and *MRPS10* played roles in biological activities such as cellular, developmental, and metabolic processes (Figure 5B).

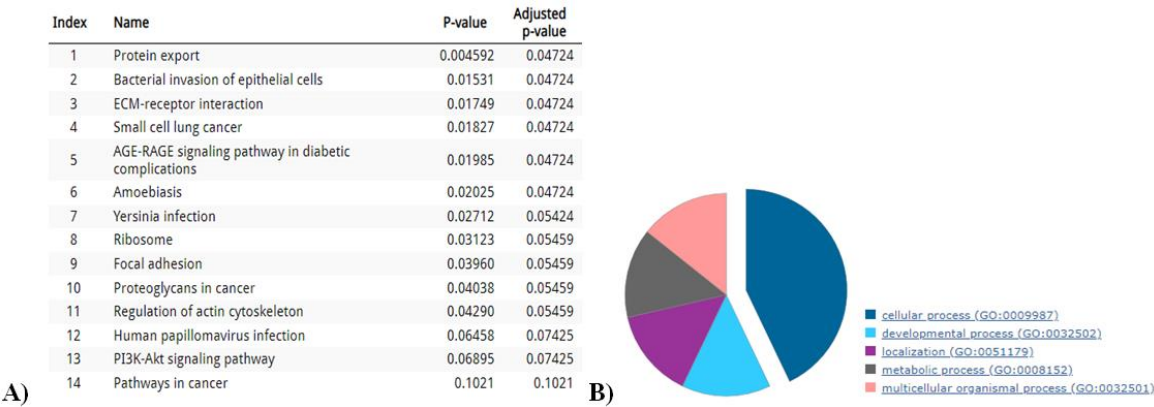


Fig. 5. The image shows the functional analysis. (A) the signaling pathway of the common genes between the differentially expressed genes and the hsa-miR-508-5p target genes and (B) the biological process of the common genes between the differentially expressed genes and the hsa-miR-508-5p target genes.

Discussion

IDD causes the deterioration of the connective tissue between the vertebrae, playing a crucial role in spinal kinematics. Consequently, IDD is deemed one of the major causes of chronic low back pain. The degenerative process is associated with apoptosis, ECM disruption, cell proliferation, and inflammatory responses. The current medical armamentarium lacks therapeutic methods capable of targeting the pathophysiology of disc degeneration since the etiology of this multifactorial disease is not fully understood (23, 24). Several studies have indicated that IDD progression is critically aided by genetic factors (25, 26) such as the polymorphisms of the COL1A1 gene, a key gene encoding collagen I (27).

Notably, miRNAs play a prominent role in regulating many normal physiological and pathophysiological processes, including degenerative disc disease. Prior studies have demonstrated the abnormal expression of miRNAs in the intervertebral disc. Such abnormal expression patterns are implicated in various pathological developments of IDD, such as apoptosis, ECM degradation, cell proliferation, and inflammatory responses (14, 15, 28-30). In the present study, we found that miR-508-5p, miR-518b, and miR-486-5p were differentially expressed in patients with IDD in comparison with healthy controls. Further, miR-508-5p may potentially target *SEC11A*, *IPO5*, *FNI*, and *MRPS10*, which are upregulated in IDD patients.

Wang *et al.* (31) revealed that miR-518b was one of the upregulated miRNAs in IDD patients. Although miR-518b was upregulated in both mRNA data sets analyzed in the current investigation, this differential

expression failed to constitute statistical significance. Our data analysis showed that miR-486-5p was significantly downregulated in the GSE63492 data set. Consistent with our findings, Chai *et al.* (17) reported that miR-486-5p expression was significantly downregulated in nucleus pulposus cells, and *FOXO1* was a direct target gene of miR-486-5p. Chai *et al.* also showed that overexpressed *FOXO1* aggravated lipopolysaccharide (LPS)-induced injury and antagonized the protection effects of miR-486-5p. Zhang *et al.* (32) found that hsa-miR-486-5p was downregulated in IDD patients and suggested that the expression of *GSK3B* might be coregulated by miR-486-5p and affect IDD development. Furthermore, Ji *et al.* (33) also found that the level of miR-486-5p was significantly lower in IDD samples than in controls.

Previous research has shown that miR-508-5p is not only associated with various cancers by negatively modulating cancer cells but also involved in the pathogenesis of chronic heart failure. Prior investigations have shown that miR-508-5p is crucially involved in disorders characterized by abnormal immune responses and apoptosis (28, 34, 35). Nevertheless, the specific functions and potential regulatory mechanisms of miR-508-5p in various diseases still require further investigation. In the present study, we revealed that the expression of miR-508-5p was significantly changed among patients in both miRNA data sets examined. Our analysis also demonstrated that miR-508-5p was downregulated among the patients of the GSE19943 data set and upregulated among the patients of the GSE63492 data set. In addition, the expression of the predicted target genes of miR-508-5p—namely *SEC11A*, *IPO5*, *FNI*, and *MRPS10*—showed upregulation in our analysis, which is in line with the downregulation of miR-508-5p in IDD patients (GSE19943). One of the reasons for the discrepancy concerning the expression levels of miR-508-5p between the two data sets might be the origin of the cells in the control group: whereas the cells in the GSE19943 data set were obtained from the nucleus pulposus cells of individuals with scoliosis, the cells in the GSE63492 data set were extracted from donors with no IDD-related disease. Interestingly, the GSE34095 data set, employed in the present study for the expression analysis of genes, had the same origin as the control samples of the data set utilized for miRNAs expression, in which miR-508-5p exhibited a reduction.

No studies to date have reported that miR-508-5p can target *SEC11A*, *IPO5*, and *MRPS10*. Li *et al.* (36) concluded that *FNI* was a target gene of miR-508-5p, which can confirm our finding of the upregulation of genes and the downregulation of miR-508-5p in the GSE19943 data set of IDD samples. Therefore, we assume that the downregulation of miR-508-5p might play a role in IDD pathogenesis. Still, the specific functions and potential regulatory mechanisms of miR-508-5p in IDD require further surveys.

Furthermore, our analysis demonstrated that *SEC11A*, *IPO5*, *FNI*, and *MRPS10*, which are involved in different pathways (viz., ECM-receptor interactions, focal adhesion, and actin cytoskeleton regulation), were upregulated in patients with IDD and might be the potential targets of miR-508-5p. The current literature lacks information on the effects and expressions of *SEC11A*, *IPO5*, and *MRPS10* in IDD.

According to previous investigations, the balance between ECM catabolism and anabolism is the foundation of the biomechanical function of disc degeneration, with several studies having demonstrated that miRNAs may be involved in the regulation of the ECM in IDD (37, 38). During IDD development, the ability of intervertebral disc cells to produce the ECM is undermined, leading to macroscopic changes in the intervertebral disc (39). Fibronectin (*FNI*) is acknowledged as an age-related marker protein due to its increased expression at protein and mRNA levels in senescent cells (40). Furthermore, the expression level

of *FNI*, the major component of the ECM, is reportedly increased in degenerating discs (41). Two studies have demonstrated that the elevated expressions of collagen I (*COL1A1*) and *FNI* are involved in the fibrotic alterations of nucleus pulposus cells in disc degeneration (42, 43). Fibronectin 1 (*FNI*), upregulated in our analysis, was upregulated in punctured mouse tail discs, exhibiting progressive degenerative changes in a previous study (43). The results of another investigation demonstrated *FNI*, *COL1A2*, *SPARC*, *COL3A1*, *CTGF*, *LUM*, *TIMP1*, *THBS2*, *COL5A2*, and *TGFBI* were upregulated in the group with degenerated discs compared with the control group, which may provide new insights into the underlying mechanisms of IDD (44). Chiming in with this finding, our analysis demonstrated *FNI* upregulation in IDD patients. We also found upregulated *SEC11A*, *IPO5*, and *MRPS10* in IDD patients. According to previous research, *SEC11A* encodes the SPC18 protein, one of the subunits of the signal peptidase complex (SPC) (45). Importin-5 is a member of the importin- β family and encoded by the *IPO5* gene (46). Further, Mitochondrial Ribosomal Protein S10 (*MRPS10*) encodes MRPS10, involved in the pathways of mitochondrial translation and organelle biogenesis and maintenance (47).

Likewise, Chen *et al.* (48) reported the upregulation of LINC01121 in patients with IDD compared with controls. The overexpression of LINC01121 is involved in ECM degradation and the secretion of inflammatory cytokines by modulating MMP-16.

Our results demonstrated that not only was *IPO5* expression upregulated among patients with IDD but also *IPO5* interacted with LINC01121. Accordingly, we suggest that miR-508-5p downregulation could lead to *IPO5* upregulation, and its associated lncRNA, LINC01121, could modulate MMP-16. This pathway could interfere with ECM remodeling and cause disc degeneration (Figure 6). Still, the significance and exact regulatory mechanisms of LINC01121 and other introduced lncRNAs in IDD need further investigation.

To the best of our knowledge, the present study is the first investigation to introduce the aforementioned genes, which are potentially involved in the pathogenesis of IDD. Nevertheless, further experimental investigations are needed to confirm our findings.

We suggest that future studies experimentally investigate the expression patterns of miR-508-5p, miR-518b, and miR-486-5p in the nucleus pulposus cells of IDD patients. Further research is also warranted on expression alterations in miR-508-5p target genes in IDD patients' nucleus pulposus cells. Moreover, interactions between miR-508-5p and predicted target genes should be experimentally confirmed via luciferase assays and other approaches.

Limitations

The salient limitation of the present study is its reliance only on bioinformatics methods. Our findings, therefore, need confirmation via experimental analysis.

Conclusion

The underlying pathogenesis of IDD remains poorly understood despite years of investigation. Recently, RNA-based biopharmaceuticals have ushered in a new era of drug discovery and development. The current study utilized miRNA/gene expression profiling to identify molecular pathways involved in IDD and succeeded in detecting miR-508-5p, whose expression patterns differed between patients with IDD and normal controls.

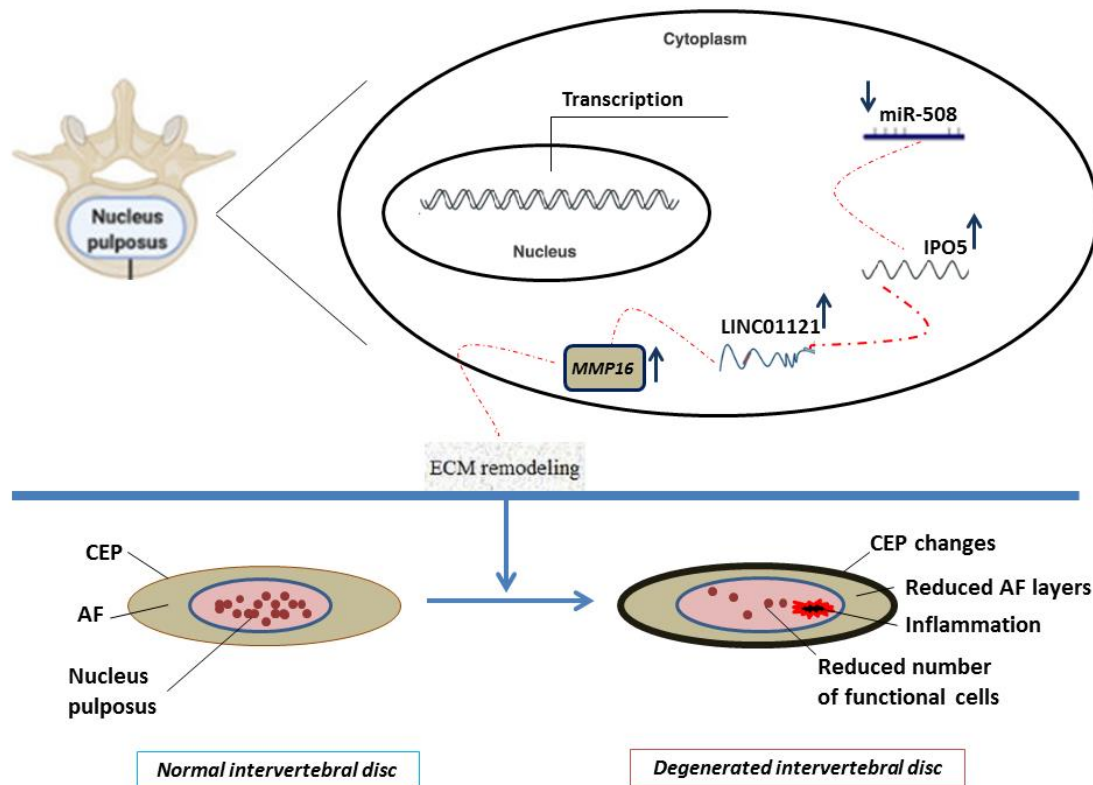


Fig. 6. The image presents a schematic view of the suggested pathway involved in IDD according to our findings. Downregulation in miR-508-5p led to the upregulation of *IPO5*. Its associated lncRNA, LINC01121, modulated MMP-16, which interfered with ECM remodeling. CEP: cartilaginous endplate, AF: annulus fibrosus

We suggest that the expression patterns of *SEC11A*, *IPO5*, *FNI*, and *MRPS10*, introduced herein, as well as the pathways involved, be confirmed by more detailed laboratory studies to help shed light on the exact mechanisms of IDD. Not only do our findings further underscore the significant role of miRNAs in IDD pathogenesis, but also they expand the spectrum of the miRNAs and genes involved in IDD.

Declaration

The study protocol was approved by Bam University of Medical Sciences (IR.MUBAM.REC.1401.003). The data source was a publicly accessible database, and no human contributors were involved directly in the present study. The authors declare no conflicts of interest.

References

1. van Uden S, Silva-Correia J, Oliveira JM, et al. Current strategies for treatment of intervertebral disc degeneration: substitution and regeneration possibilities. *Biomater Res* 2017;21:22.
2. Tang N, Dong Y, Xiao T, et al. LncRNA TUG1 promotes the intervertebral disc degeneration and nucleus pulposus cell apoptosis through modulating miR-26a/HMGB1 axis and regulating NF-kappaB activation. *Am J Transl Res* 2020;12:5449-64.
3. Tsingas M, Ottone OK, Haseeb A, et al. Sox9 deletion causes severe intervertebral disc degeneration characterized by apoptosis, matrix remodeling, and compartment-specific transcriptomic changes. *Matrix Biol* 2020;94:110-33.

4. Bach FC, de Rooij KM, Riemers FM, et al. Hedgehog proteins and parathyroid hormone-related protein are involved in intervertebral disc maturation, degeneration, and calcification. *JOR Spine* 2019;2:e1071.
5. Jiang Y, Wei T, Li W, et al. Circular RNA hsa_circ_0002024 suppresses cell proliferation, migration, and invasion in bladder cancer by sponging miR-197-3p. *Am J Transl Res* 2019;11:1644-52.
6. Tschoeke SK, Hellmuth M, Hostmann A, et al. Apoptosis of human intervertebral discs after trauma compares to degenerated discs involving both receptor-mediated and mitochondrial-dependent pathways. *J Orthop Res* 2008;26:999-1006.
7. Jones P, Gardner L, Menage J, et al. Intervertebral disc cells as competent phagocytes in vitro: implications for cell death in disc degeneration. *Arthritis Res Ther* 2008;10:R86.
8. Rutges JP, Kummer JA, Oner FC, et al. Increased MMP-2 activity during intervertebral disc degeneration is correlated to MMP-14 levels. *J Pathol* 2008;214:523-30.
9. Gao D, Hao L, Zhao Z. Long non-coding RNA PART1 promotes intervertebral disc degeneration through regulating the miR-93/MMP2 pathway in nucleus pulposus cells. *Int J Mol Med* 2020;46:289-99.
10. He D, Zhou M, Bai Z, et al. *Propionibacterium acnes* induces intervertebral disc degeneration by promoting nucleus pulposus cell pyroptosis via NLRP3-dependent pathway. *Biochem Biophys Res Commun* 2020;526:772-9.
11. Li Y, Zhang T, Tian W, et al. Loss of TIMP3 expression induces inflammation, matrix degradation, and vascular ingrowth in nucleus pulposus: A new mechanism of intervertebral disc degeneration. *FASEB J* 2020;34:5483-98.
12. Gholipour A, Shakerian F, Zahedmehr A, et al. Downregulation of Talin-1 is associated with the increased expression of miR-182-5p and miR-9-5p in coronary artery disease. *J Clin Lab Anal* 2022;36:e24252.
13. Taheri Bajgan E, Gholipour A, Faghihi M, et al. Linc-ROR has a Potential ceRNA Activity for OCT4A by Sequestering miR-335-5p in the HEK293T Cell Line. *Biochem Genet* 2022;60:1007-24.
14. Ohrt-Nissen S, Dossing KB, Rossing M, et al. Characterization of miRNA expression in human degenerative lumbar disks. *Connect Tissue Res* 2013;54:197-203.
15. Zhao B, Yu Q, Li H, et al. Characterization of microRNA expression profiles in patients with intervertebral disc degeneration. *Int J Mol Med* 2014;33:43-50.
16. Malakootian M, Gholipour A, Bagheri Moghaddam M, et al. Potential roles of circular rnas and environmental and clinical factors in intervertebral disc degeneration. *Environ Eng Manag J* 2022;9:189-200.
17. Chai X, Si H, Song J, et al. miR-486-5p Inhibits Inflammatory Response, Matrix Degradation and Apoptosis of Nucleus Pulposus Cells through Directly Targeting FOXO1 in Intervertebral Disc Degeneration. *Cell Physiol Biochem* 2019;52:109-18.
18. Zhang Y, Yang J, Zhou X, et al. Knockdown of miR-222 inhibits inflammation and the apoptosis of LPS-stimulated human intervertebral disc nucleus pulposus cells. *Int J Mol Med* 2019;44:1357-65.
19. Ouyang ZH, Wang WJ, Yan YG, et al. The PI3K/Akt pathway: a critical player in intervertebral disc degeneration. *Oncotarget* 2017;8:57870-81.
20. Sherafatian M, Abdollahpour HR, Ghaffarpasand F, et al. MicroRNA Expression Profiles, Target Genes, and Pathways in Intervertebral Disk Degeneration: A Meta-Analysis of 3 Microarray Studies. *World Neurosurg* 2019;126:389-97.
21. Yang S, Li L, Zhu L, et al. Aucubin inhibits IL-1beta- or TNF-alpha-induced extracellular matrix degradation in nucleus pulposus cell through blocking the miR-140-5p/CREB1 axis. *J Cell Physiol* 2019;234:13639-48.
22. Yang S, Li L, Zhu L, et al. Bu-Shen-Huo-Xue-Fang modulates nucleus pulposus cell proliferation and extracellular matrix remodeling in intervertebral disk degeneration through miR-483 regulation of Wnt pathway. *J Cell Biochem* 2019;120:19318-29.

23. Molinos M, Almeida CR, Caldeira J, et al. Inflammation in intervertebral disc degeneration and regeneration. *J R Soc Interface* 2015;12:20141191.
24. Yang S, Zhang F, Ma J, et al. Intervertebral disc ageing and degeneration: The antiapoptotic effect of oestrogen. *Ageing Res Rev* 2020;57:100978.
25. Kalb S, Martirosyan NL, Kalani MY, et al. Genetics of the degenerated intervertebral disc. *World Neurosurg* 2012;77:491-501.
26. Kalichman L, Hunter DJ. The genetics of intervertebral disc degeneration. Associated genes. *Joint Bone Spine* 2008;75:388-96.
27. Tilkeridis C, Bei T, Garantziotis S, et al. Association of a COL1A1 polymorphism with lumbar disc disease in young military recruits. *J Med Genet* 2005;42:e44.
28. Yang F, Wang J, Chen Z, et al. Role of microRNAs in intervertebral disc degeneration (Review). *Exp Ther Med* 2021;22:860.
29. Cheng X, Zhang G, Zhang L, et al. Mesenchymal stem cells deliver exogenous miR-21 via exosomes to inhibit nucleus pulposus cell apoptosis and reduce intervertebral disc degeneration. *J Cell Mol Med* 2018;22:261-76.
30. Malakootian M, Soveizi M, Gholipour A, et al. Pathophysiology, Diagnosis, Treatment, and Genetics of Carpal Tunnel Syndrome: A Review. *Cell Mol Neurobiol* 2022.
31. Wang Z, Zhang J, Zheng W, et al. Long Non-Coding RNAs H19 and HOTAIR Implicated in Intervertebral Disc Degeneration. *Front Genet* 2022;13:843599.
32. Zhang H, Zhang M, Meng L, et al. Investigation of key miRNAs and their target genes involved in cell apoptosis during intervertebral disc degeneration development using bioinformatics methods. *J Neurosurg Sci* 2022;66:125-32.
33. Ji ML, Zhang XJ, Shi PL, et al. Downregulation of microRNA-193a-3p is involved in intervertebral disc degeneration by targeting MMP14. *J Mol Med (Berl)* 2016;94:457-68.
34. Qiang L, Hong L, Ningfu W, et al. Expression of miR-126 and miR-508-5p in endothelial progenitor cells is associated with the prognosis of chronic heart failure patients. *Int J Cardiol* 2013;168:2082-8.
35. Wu SG, Huang YJ, Bao B, et al. miR-508-5p acts as an anti-oncogene by targeting MESDC1 in hepatocellular carcinoma. *Neoplasma* 2017;64:40-7.
36. Li S, Wang Q. Hsa_circ_0081534 increases the proliferation and invasion of nasopharyngeal carcinoma cells through regulating the miR-508-5p/FN1 axis. *Aging (Albany NY)* 2020;12:20645-57.
37. Wang C, Zhang ZZ, Yang W, et al. MiR-210 facilitates ECM degradation by suppressing autophagy via silencing of ATG7 in human degenerated NP cells. *Biomed Pharmacother* 2017;93:470-9.
38. Wang J, Liu X, Sun B, et al. Upregulated miR-154 promotes ECM degradation in intervertebral disc degeneration. *J Cell Biochem* 2019.
39. Kepler CK, Ponnappan RK, Tannoury CA, et al. The molecular basis of intervertebral disc degeneration. *Spine J* 2013; 23:318-30.
40. Matos L, Gouveia A, Almeida H. Copper ability to induce premature senescence in human fibroblasts. *Age (Dordr)* 2012;34:783-94.
41. Zollinger AJ, Smith ML. Fibronectin, the extracellular glue. *Matrix Biol* 2017;60-61:27-37.
42. Antoniou J, Steffen T, Nelson F, et al. The human lumbar intervertebral disc: evidence for changes in the biosynthesis and denaturation of the extracellular matrix with growth, maturation, ageing, and degeneration. *J Clin Invest* 1996;98:996-1003.
43. Yang F, Leung VY, Luk KD, et al. Injury-induced sequential transformation of notochordal nucleus pulposus to chondrogenic and fibrocartilaginous phenotype in the mouse. *J Pathol* 2009;218:113-21.

44. Trefilova VV, Shnayder NA, Petrova MM, et al. The Role of Polymorphisms in Collagen-Encoding Genes in Intervertebral Disc Degeneration. *Biomolecules* 2021;11.
45. Lan PH, Liu ZH, Pei YJ, et al. Landscape of RNAs in human lumbar disc degeneration. *Oncotarget* 2016;7:63166-76.
46. Deng T, Engelhardt OG, Thomas B, et al. Role of ran binding protein 5 in nuclear import and assembly of the influenza virus RNA polymerase complex. *J Virol* 2006;80:11911-9.
47. Greber BJ, Ban N. Structure and Function of the Mitochondrial Ribosome. *Annu Rev Biochem* 2016;85:103-32.
48. Chen X, Li Z, Xu D, et al. LINC01121 induced intervertebral disc degeneration via modulating miR-150-5p/MMP16 axis. *J Gene Med* 2020;22:e3231.